

I started to wear glasses 11 years ago, with admission to high school. I remember that the first glasses I wore were both for myopia and for astigmatism, with diopters of -0.5 in one eye and -0.75 in the other.

I kept those glasses for about 4 years but my diopters increased by 0.5 on each eye. For the next pair of glasses I only stayed with lenses specific to myopia.

The next diopter growth was after about 4 years reaching glasses with a diopter higher by 0.25 on each eye, so I wore until the time of the intervention glasses with a diopter of -1.5 and -1.75, the real vice but being -2 and -2.5. Not having the claim to see 100% until the moment of surgery, I kept the glasses with smaller diopters.

The decision to operate has simply come and I want to get rid of the discomfort of my glasses and contact lenses that I have been alternating over the past two years. After a check with Dr. Horia Stanca, where I came after hearing a lot of good things about him, I was firmly convinced that I am on good hands. I chose together with him the TRANS PRK technique that I was told that it does not pose a risk, that it is right for my cornea, but that the recovery period will be a little bit harder and longer.

About the operation I can say was extremely simple. The laser acted for about 30 seconds on each eye, and it was almost as if I was in the 7-minute room. I did not feel any pain, the only discomfort being at the time of finalizing the intervention when a lava with a liquid you feel is very cold. At first I was worried about blinking, but everything is adjusted to the one you put it before, the only concern being to concentrate on the doctor's instructions and look into that green light.

The postoperative discomfort is bearable (sand-like feeling, like a dry contact lens, small fangs and a great sensitivity to light which gradually decreases). The first 3 days are heavier but you have no tendency to capitulate.

Considering that I write this text on day 5 of surgery and that I probably did not make so many mistakes in writing, we can conclude that the intervention was worth it and that I already see almost as good as I can see with the glasses before the surgery.