

FEMTO LASIK OPERATION IMPRESSIONS

First of all, I want to mention the fact that I wore glasses from the age of 3 years, initially to correct strabismus, then for myopia. From 3 years I have been on numerous controls and there have been several attempts to do surgery to correct strabismus, but there have been all sorts of fears and contraindications that have prevented surgery from happening. Subsequently, at the age of teenage I was told, to another control that I was misdiagnosed and had an apparent strabismus, for which no surgery was required. Gradually I went from hypermetropia to myopia and I still had to wear glasses. I had times when I refused to wear them, especially at school, I hated them because they were inconvenient and gave my colleagues the opportunity to find all sorts of nicknames.

Dioptres were still growing, and, around the age of 20, I discovered contact lenses that simply changed my life. I got used to it very quickly and it was a relief to wear sunglasses, I could swim and no one knew that I had a visual defect. I also wore disposable and monthly lenses, and those you only wore for the day, but also those that you can wear at night, even thicker and more subtle, but I still had to wear glasses at times. It was rather awkward because I should always have my lens support, the solution, the spare glasses, but for now it was the best solution.

At regular checks, I requested information about surgery and most doctors were skeptical about the operation, so I still postponed the decision. Later on, I was pregnant, and while the baby was very young, it was hard to use my glasses at night, and the lenses could not always wear them. I had come to sleep with glasses on the pillow and I could not make any move without them. Later, as the baby grows, she began to pull my glasses and although probably at some point would have been accustomed and would not have been tempted to pull on them, I began to think more and more seriously about surgery and I suddenly decided to operate.

I started to document myself and I went to a consultation with Dr. HoriaStanca, and after the investigations, after my myopia was found to be corrected, I made the appointment for surgery. I had -4.25 in both eyes, so if I did not have my glasses or lenses I did not see too much around me.

With great emotions, on the big day, I presented myself to the hospital where the intervention would take place, with my drops that I had to use after and the sunglasses. I had documented before, had seen videos on youtube, knew the steps and the possible reactions that might occur. I've been consulted once again and explained what the procedure is, what I need to be careful about and what I have to do next.

Before I entered into the surgery room, I was taken over by a nurse who gave me the necessary equipment and put a few drops in my eyes, then disinfect the area around my eyes with Betadine.

Finally, I got into the surgery room, where there were more doctors and I was guided to the operating table. A splinter was used to immobilize the eyelids and began the first step, cutting the eye flap, which lasted 16 seconds. Subsequently, the first eye was covered with a compress and the eye flap was cut for the second eye. The second stage consisted of polishing the cornea,

which lasted for a few seconds. I want to say that when it is sanded, there is a noise similar to that of the dentist, but it is not disturbing. It is very important to be careful what the doctor tells you and follow the instructions strictly.

When I got out of the operating room, I saw a clock on the wall and it seemed to me that I woke up in another world. I could not believe what I see. I left the room I even looked outside and had no sensitivity to the light. Afterwards, I went to a restaurant to eat, and about two hours after the surgery, I light started to bother me much. I had a couple of hours in my house, with the light off and my eyes closed when I was tearing all the time. It was pretty unpleasant and I had a strange feeling of sand in the eyes, but it was pretty fast. The operation was at 12.00, at 14.00 I felt the unpleasant effects, and at 18 I felt much better and the critical period passed. At night I slept very well, but in the morning I woke up with my eyes glued and until I dropped my eyes I saw in the fog. I have strictly respected the treatment schedule and after the control I was told that the operation was a success and everything looks good. Now, 5 days after surgery, I can say that I still have moments when I see in fog, my eyes are drying up quickly, I need artificial tears more often, but full recovery will be about 3 months after surgery, but not I regret for a second that I have made this decision, my life has changed completely and I can not believe I have waited so much.

As a conclusion, I can say that after the surgery I was very happy, I felt I regained my vision and did not have a disability. I would repeat the experience anytime, the long-term benefits are incredible, and the few unpleasant hours I have forgotten.

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